

CELEBRATING



50 YEARS

1974-2024

2024 CONGRESS BROCHURE

DESTINATION SCOTLAND!

SEPTEMBER 11-14, 2024



**John McIntyre Conference Centre, Pollock Halls
Edinburgh, Scotland**

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Welcome Letter

Fàilte gu 50^{mh} Còmhhdhail Bhliadhnaile IVAS!¹ (Gaelic for - Welcome to the 50th Annual IVAS Congress!) Thig còmhla rinn!¹ (Join us) in celebrating 50 years of IVAS in Edinburgh, Scotland. The IVAS Congress will be held at the John McIntyre Conference Centre, Pollock Halls, 18 Holyrood Park Road, Edinburgh Scotland, UK September 11-14, 2024. As a reminder there is no host hotel for Congress, so you are free to choose a hotel that fits your style and budget. We have some recommendations inside, or you can go to many of the online hotel booking sites.

The Program Committee has been hard at work behind the scenes, selecting from over 70 hours of abstracts that were submitted this year for the Congress Program. They did a great job of putting together an excellent line-up of speakers and topics. Inside you will find the Congress schedule, presenters, topics, and the wet lab selections to choose from. IVAS is pleased to announce our Keynote Speaker this year is Delores T. Craig, DVM, CVA, CVCH, FAAVA. She is a dynamic presenter and her topics this year will appeal to experienced and new acupuncturists.

Inside the Congress Brochure, we will give you more information about Edinburgh and things to do in and around the city. Edinburgh is the second largest city after Glasgow, but it is easy to get around and has so much to offer. Pack your bags and head to Scotland with us!

From bustling cities, pristine beaches, lochs, castles, rich history, and jaw dropping landscapes there is always something to see and do in Scotland. Filled with Scottish traditions from the ancient clans of the 12th century, each generation has added their own cultural thumbprint, creating this unique and vibrant country. As an old Scottish saying goes, “There is no such thing as bad weather, only the wrong clothes!”

Aye (yes) we are going to blether (talk) about bonnie (beautiful) Scotland and what you need ken (to know) when you attend the IVAS Congress this year. Pour yourself a wee (small) dram of braw (good/fine) whisky and enjoy. Spoken with a thick brogue, this language is called Scots, and you may already be familiar with much of the Scot’s talk, unlike Gaelic.

Gaelic is a hard language to learn and is considered to be the founding language of the country. Gaelic is a close relative of Irish and Manx Gaelic and the Gaelic Language is believed to have come to what is now Scotland from what is now Ireland in around 500 AD. In past times, Gaelic was spoken across Scotland, from the largest cities to the smallest islands and rural communities. Despite over 200 years of decline, Gaelic still retains a strong identity in Scotland. Visiting Scotland today, you’ll encounter the Gaelic language in one form or another, for example when traveling through the Scottish Highlands you will encounter bi-lingual road signs along the routes².

You may not even realize it, but you already speak some Gaelic. Whisky is the short form of Whiskybae from Uisge Beatha meaning the “Water of Life.” Whisky is considered the national drink of Scotland. Whisky has been distilled in Scotland for more than 500 years. So, what separates whisky from Scotch? Scotch whisky in short, refers to a special type of whisky but one that only qualifies as “Scotch” if made in Scotland. The Scotch Whisky Association reports, Scotch must “by law, be distilled and matured in Scotland in oak casks for at least 3 years and bottled at a minimum alcoholic strength of 40% abv.” (Alcohol By Volume) While enjoying the national drink, proof is a number that equals twice the abv, so most Scotch is 80 proof.

2024 IVAS 50th Annual Congress

The national food is Haggis and the exact historical origins of the great national dish appear to have been lost in the mists of time. Whatever its historic origins, Haggis is now as firmly established as the much-revered whisky. As unpleasant as Haggis might sound, the result for the brave is a culinary masterpiece which should be washed down with a wee ‘dram’ of the national drink.

The Scottish national flower is the thistle. With savage spines that guard it from predation and drought-resistance as powerful perennials, the enduring legacy of the Scottish thistle adds much to its allure. There are many varieties of thistle in Scotland, however many sources agree the true thistle of Scotland is the *Cirsium vulgare* or spear thistle. The name “Cirsium” is said to come from the Greek “kirsos” which is a swollen vein. This is likely due to the plant’s medicinal properties as it was used to remedy swollen veins³.



The stories are many as to how it became the national flower of Scotland, there are a few theories surrounding it. The most widely accepted is the plant was reportedly involved in a major Scottish battle that forever changed the country thereafter, the Battle of Largs in 1263. Hundreds of years ago, Scotland was ruled as part of the Kingdom of Norway. Everything changed after King Alexander III proposed to purchase the Western Isles and Kintyre from the Nordic King Haakon IV. That summer, the Norse King set his sights on Scotland in response to Alexander’s bid to liberate the nation and set off with a fleet of longships towards the beach at Largs in Ayrshire³.

The legend goes that during this invasion, the Norsemen attempted to surprise the Scots by stealthily moving in on their territory while they slept, in order to execute a surprise attack. They removed their shoes, to move more quietly, and thanks to the trusty thistle, one man crept onto the prickly plant and yelped out in pain. This alerted the Scottish clansmen to the enemy’s presence which thus saved them from the swift death that awaited them. The thistle has been recognized as a national emblem of Scotland ever since³.

From iconic bagpipes and kilts with the different plaids of the Scottish clans, Highlands, and Lowlands, William Wallace, Robert the Bruce, and Jacobite uprisings, history and tradition surround Scotland. Join IVAS on the Post Congress Tour and check out inside how to sign up and reserve your spot for one or two days of fun outside the city.

I can go on and on about the fantastic things to see and do in Scotland, but you will just have to do a little exploring on your own. Find out for yourself the friendliness of the Scottish people and make it a habit to say “yes” to new things. Set up your own quest for the best hike, castle viewpoints, and feel the winds of history blowing through the glens. Your next stop...Scotland!

Chì mi ann an Dùn Èideann thu! (See you in Edinburgh)

Debbie Prevratil
Executive Director

References:

1. Taken from the Scots Gaelic Translator
2. Adapted from www.Scotland.com and www.visitscotland.com
3. Adapted from www.scotsman.com



2024 Keynote Speaker

Learn more about our Keynote Speaker's Bio and Abstract by clicking on their photo.



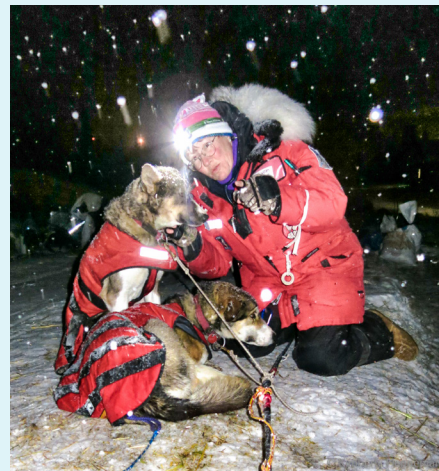
**Delores Craig, DVM, CVA,
CVCH, FAAVA**

Speakers of General Interest

Learn more about our Speakers of Interest Bios and Abstracts by clicking on their photo.



**Patricia Baley, DVM, PhD,
CVA, CVCH, CVNN, FAAVA,
FACVBM**



**Kim Henneman, DVM,
DACVSMR (K9, EQ), FAAVA,
DABT, CVA, CVC**

2024 Speakers

Learn more about our Speakers Bios & Abstracts by clicking on their photo.



**Han Wen Cheng, DVM, MS,
CVA, CTCVMP, CTPEP,
CVMMP, CCRV**



**Constance DiNatatale, DVM,
CVA**



Kim Lim, BVSc, CVA



**Francesco F. Longo, DVM,
Repr.Spec.**



**Stelio Luna, DVM, Msci, PhD,
DipECVAA, CVA**



Nancy Martin, MS, DVM, CVA

2024 Speakers

Learn more about our Speakers Bios & Abstracts by clicking on their photo.



Dolores Puertes Navarro, DVM



**Martina Neidhart, MRCVS,
DVC, CVA, EKPT, CERT**



**Nell Ostermeier, DVM, CVA,
FAAVA**



Richard Schafer, DVM, MS, CVA



**Liane Sperlich, DVM, CVA,
FAAVA, DipIWHM**



**Michelle Tilghman, DVM,
CCRP, CVA**

2024 Speakers

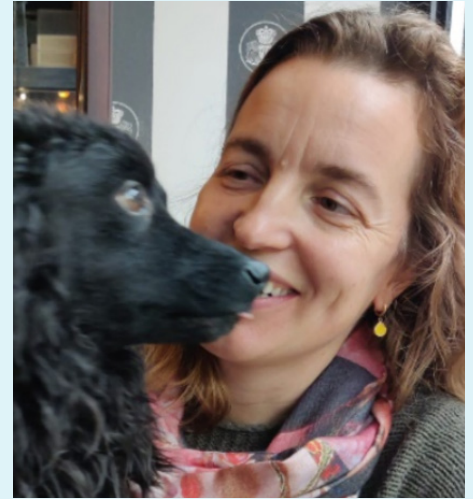
Learn more about our Speakers Bios & Abstracts by clicking on their photo.



**Victoria Unt, BVetMed,
MRCVS, CVA, CVBMA, CVFT**



Emiel Van den Bosch, DVM



Kati Van den Bosch, DVM



**Dietrich Graf von Schweinitz,
BSc DVM, MRCVS, CVA (IVAS)**



**Adrien M. Zap, MS, DVM,
CVA (IVAS), CERP, CVMMP,
CVCHM (CIVT/IVAS)**

2024 Poster Presenters

Learn more about our Poster Presenters
Bios & Abstracts by clicking on their photo.



**Maria Luisa Buffo De Capua,
DVM, Msci, PhD**



Goncalo Freire, M.Sc



Ayne Hayashi, DVM, MsC, PhD



Giorgia Mastrangelo, DVM



Chiara Villanacci, DVM

2024 Wet Labs

Learn more about each Wet Lab offering by clicking on their photo.



Constance Di Natale, DVM, CVA



**Martina Neidhart, MRCVS,
DVC, CVA, KEPT, CERT**



Richard Schafer, DVM, MS



**Michelle Schraeder, DVM, MEd,
FAAVA**

Congress Schedule



2024 IVAS Congress

Track 1
Track 2

Wednesday, September 11, 2024

7:30-5:00	REGISTRATION	
8:00-8:30	Morning Announcements, Welcome from the IVAS President	
KEYNOTE/PLENARY SESSION		
8:30-9:20	What makes the Extraordinary Channels Extraordinary? - Delores Craig	
9:20-9:30	BREAK (10 minutes)	
9:30-10:20	Stabilizing: Chong Mai and Dai Mai - Delores Craig	
10:20-10:40	COFFEE BREAK (20 minutes)	
10:40-11:30	Standing Up: Yin and Yang Qiao Mai - Delores Craig	
11:30-11:40	BREAK (10 minutes)	
11:40-12:30	Moving Forward: Yin and Yang Wei Mai - Delores Craig	
12:30-2:00	LUNCH – IVAS AGM (1.5 Hours)	
2:00-2:50	TCVM in the Treatment of Anorectal Diseases in Small Animals - Han Wen Cheng	How Foot Balance Influences Acupuncture Scans and Causes Referred Pain Patterns Up Top in the Equine Patient - Martina Neidhart
2:50-3:00	BREAK (10 minutes)	
3:00-3:50	TCVM in the Treatment of Anorectal Diseases in Small Animals – Continued - Han Wen Cheng	Acupuncture Points Accessing Myofascial Kinetic Lines to Achieve Chiropractic Adjustments in the Equine - Richard Schafer
3:50-4:20	COFFEE BREAK (30 Minutes)	
4:20-5:10	Sedation with Acupuncture - Stelio Luna	Harnessing the Power of TCM: Chinese Herbs Against Veterinary Wind-Cold Diseases – Emiel Van den Bosch
7:00-9:00	WELCOME RECEPTION, POSTER PRESENTATIONS	

Tentative Schedule - Subject to Change





2024 IVAS Congress

Track 1

Track 2

Thursday, September 12, 2024

8:00-12:00	REGISTRATION	
8:00-8:10	MESSAGES	
GENERAL INTEREST		
8:10-9:00	Moxibustion: Part 1- It's Not Just Smoke - Kim Henneman	
9:00-9:10	BREAK (10 Minutes)	
9:10-10:00	Moxibustion: Part 2 – It's Not Just Needles - Kim Henneman	
10:00-10:30	COFFEE BREAK (30 Minutes)	
10:30-11:20	Needling and Acupoint-Stimulating Techniques: Effects on Fascia, Nerves and Blood Vessels - Kim Henneman	
11:20-11:30	BREAK (10 Minutes)	
11:30-12:20	How to Incorporate TCVM Pattern Recognition in the Treatment of Common Companion Animal Inflammatory Syndromes - Kim Henneman	
12:20-1:40	LUNCH (1 Hour 20 Minutes)	
1:40-2:30	Acupuncture's Influence on the Digestive System - Nell Ostermeier	Equine Odontoclastic Resorption and Hypercementosis: A Review and Treatment Recommendations from TCVM - Nancy Martin
2:30-2:40	BREAK (10 Minutes)	
2:40-3:30	Canine Transitional Cell Carcinoma: Diagnosis and Management - Michelle Tilghman	Equine Odontoclastic Resorption and Hypercementosis: A Review and Treatment Recommendations from TCVM - Continued – Nancy Martin
3:30-4:00	COFFEE BREAK (30 Minutes)	
4:00-4:50	A Practical Approach Incorporating Prolotherapy as Part of a Cruciate Rehabilitation Protocol - Kim Lim Acupuncture and Rehabilitation for Acute Polyradiculoneuritis (Coonhound Paralysis) Useful Tips and Tricks - Kim Lim	Beyond Bleeding - An In-Depth Review of Yunnan Baiyao - Adrien Zap
4:50-5:00	BREAK (10 Minutes)	
5:00-5:50	Saam Acupuncture for Treatment of Feline Osteoarthritis - Liane Sperlich	Horizontal Acupuncture (HA) in TCM: Illuminating the Collateral Phenomenon in Veterinary Medicine - Dolores Puertas Navarro
EVENING ON YOUR OWN		

Tentative Schedule - Subject to Change



2024 IVAS Congress

Track 1
Track 2

Friday, September 13, 2024

8:15-8:30	MESSAGES	
GENERAL INTEREST		
8:30-9:20	Not Alternative, Not Integrative, Just Medicine - Patricia Baley	
9:20-9:30	BREAK (10 Minutes)	
9:30-10:20	Acupuncture at The Level of The Cell - Patricia Baley	
10:20-10:50	COFFEE BREAK (30 Minutes)	
10:50-11:40	Chinese Herbal Medicine at The Level of The Cell - Part 1 - Patricia Baley	
11:40-12:00	BREAK (10 Minutes)	
12:00-12:50	Chinese Herbal Medicine at The Level of The Cell - Part 2 - Patricia Baley	
12:50-2:20	LUNCH (1.5 hours)	
2:20-3:10	Grains and Meats-Classifying and Applying Foods According to Chinese Food Therapy - Constance DiNatale	Electroacupuncture (EA) treatment of Post-Operative Ileus in Horses - Dietrich von Schweinitz
3:10-3:20	BREAK (10 minutes)	
3:20-4:10	Vegetables and Fruits-Uses in Chinese Food Therapy - Constance DiNatale	Veterinary Fascia Acupuncture System (VeFAS) in Horse Medicine - Francesco Longo
4:10-4:40	COFFEE BREAK (30 Minutes)	
4:40-5:30	Feline Chronic Gingivostomatitis (FCGS): An Integrated Approach Using Balance Method Acupuncture - Victoria Unt	Harmonizing the Mind: Treating Emotional Imbalances and Behavioral Issues in Animals with Chinese Herbal Medicine - Kati Van den Bosch
7:30-12:00	ANNUAL GALA DINNER	

Tentative Schedule - Subject to Change



Wet Labs

IVAS
Congress

Track 1
Track 2

Saturday, September 14, 2024

At Conference	Wet Labs Non-animal	8:00 - 9:00	Transportation – Equine Wet Labs
9:00 - 11:00 am	Food Therapy Cooking Lab - Constance Di Natale	9:00 – 11:00 am	How Foot Balance Influences Acupuncture Scans and Causes Referred Pain Patterns Up Top in the Equine Patient – Martina Neidhart
9:00 - 11:00 am	Tai Chi and Qi Gong: How it Can Improve Your Acupuncture - Michelle Schraeder	9:00 – 11:00 am	Acupuncture Points Accessing Myofascial Kinetic Lines to Achieve Chiropractic Adjustments in the Equine - Richard Schafer

Tentative Schedule - Subject to Change

Weather

September in Edinburgh, Scotland, brings mild temperatures and varying weather, with daytime highs around 54°F to 64°F (12°C to 18°C) and nighttime lows of 43°F to 50°F (6°C to 10°C). Days alternate between sun, occasional showers, and cloudy skies, accompanied by mild winds. Dressing in light layers during the day and adding an extra sweater or jacket for evenings ensures comfort. Comfortable walking shoes are recommended for exploring the city, as well as a scarf and a light, waterproof jacket for potential rain showers.

When thinking about our Post Congress Fun, pack some extra layers for the tours and good walking shoes to explore the wonders of Scotland comfortably.



Booking Your Hotel

There is no host hotel this year so you are welcome to find a hotel that suits your style. Edinburgh has many hotels to choose from budget friendly to the high end, not to mention private rentals. Below are some options to consider when choosing a place to stay.

Places to stay close to the Congress Location

- [The Scholar](#)
- [The Scott](#)

Other places to consider

- [KM Hotel](#)
- [KM Apartmants](#)
- [Ten Hill Place](#)
- [Kildonan Lodge](#)

Great Bed & Breakfast locations South of the City Center:

- [Ard-Na Said B&B](#)
- [Gil Dun Guest House](#)
- [Gifford House](#)
- [AmarAgua Guest House](#)

Getting Acquainted

Money Matters

Scottish currency is the British Pound (GBP), you can use all banknotes (paper money) that are labeled “Pound Sterling” which are widely accepted in Edinburgh. Exchanging money like USD and other currencies can be done at the airport or at an ATM machine to have banknotes available to use at shops, restaurants and more.

Debit and Credit cards are accepted at most places in Edinburgh, check your providers internation fees. With that said it won't hurt to have banknotes with you, some places will expect you to pay with them.

Getting To

It is easy to get to Edinburgh, Scotland. The Edinburgh Airport (EDI) has flights that connect from all major airports around the world. All major airlines operate year round in and out of the Edinburgh Airport.

If traveling from within Europe or the UK you may want to consider arriving by train. You may want to visit the websites of Eurail or Rail Europe and check their schedules as well.



Getting Around

Public Transport

While in Edinburgh the easiest way to get around is to take the [Lothian Buses](#), these run 24/7 with 70 routes to get you where you want to go. You can check times, routes and purchase tickets from the Lothian app called Transport for Edinburgh. The Lothian Buses are friendly to tourists and locals use the buses to get around the city easily. Getting to and from the Edinburgh Airport is easy with using the [Lothian Buses Airlink](#), you can purchase a ticket online.



Trams

Edinburgh Trams run every 7 minutes from the Edinburgh Airport to Newhaven, with 23 stops along the route. You can use the Transport of [Edinburgh app](#) or purchase a ticket using one of the kiosk machines at the trams platform.

Taxis

The marked taxis in Edinburgh are well regulated, honest, affordable and reliable. You can distinguish the official taxis by the signature black cabs which can hold up to 5 people.

Walking

Many locals will walk to and from their destination since Edinburgh is a small city. Shops and restaurants are within walking distance from many bus stops or trams. Walking around the streets on Edinburgh allow you to see the many historic streets such as Royal Mile.

Car Rental

Most travelers do not need to rent a car in Edinburgh because of the city's great public transportation. You can still reserve rental cars a head of time at online at the [Edinburgh Airport](#).

Packing The Essentials

When thinking about what to pack you might overlook the need for an adaptor plug. These helpful adapter plugs have three square prongs and will be needed when thinking about what to bring on your adventure to Edinburgh. Check your voltage for the correct capability for your adaptor to ensure for a safe charge in the UK it's 220 volts. You can purchase on Amazon or from any electronic store.



Type G adapter



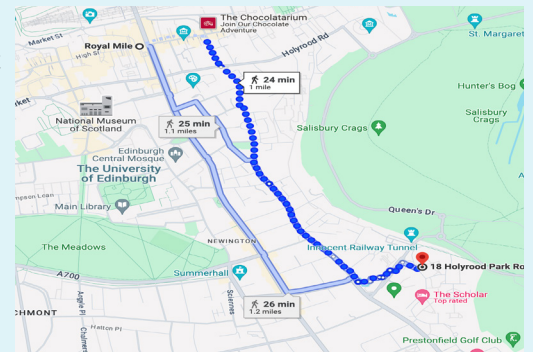
Congress Venue

This year we will be holding the Congress at the University of Edinburgh off campus events center. The Congress location is:

John McIntyre Conference Center, Pollock Halls,
18 Holyrood Park Road, Edinburgh Scotland,
UK.

Everything will take place at the Conference Centre, the pre-Congress business meetings, all three days of Congress, the Welcome Reception, and any wet labs.

You can click on the link which will take you the [Conference Center](#) where you can click on the directions tab to get directions to and from the Conference Center to any location you might be thinking about staying at.



Congress Gala Dinner

The Gala Dinner will be held on Friday, September 13, 2024 at the world famous Balmoral Hotel right in the heart of the Royal Mile in Edinburgh. The Balmoral's famous clock tower stands over the city with a prestigious address of 1 Princes Street with 120 years of history.

In 1902 guests arriving at the North British Station Hotel marveled at the grandeur and ambitious scale of the building with its turrets, towers, and balconies. It was named the Balmoral in 1988, "balmoral" the term is derived from the Gaelic "Baile Mhoireil" which means "magedic dwelling." From royal families and heads of state to cultural icons from every era, the Balmoral has been home to eminent figures over its 120 years. This historic hotel has gorgeous views of Edinburgh Castle and is a fitting location to celebrate 50 years.



Join us for an unforgettable evening at the Balmoral Hotel for our Gala Dinner in the heart of Edinburgh, Scotland, where guests will indulge in a seated service presenting a delectable three-course menu.



Feel like a Scot

Whether you're out exploring Edinburgh's historic sites, savoring local delicacies at a cozy restaurant, or immersing yourself in the vibrant atmosphere of a traditional pub, you're bound to encounter a plethora of new and interesting phrases or words. Why not seize the opportunity to incorporate a few of these expressions into your conversations with the locals?

Scottish Slang	Meanings
Bonnie	Beautiful
Aye	Yes
Wee	Little
Tattie (Tat-Tee)	Potato
Piece	Sandwich
Tassie	Cup
Hen	Young Lady; term of endearment
Messages	Shopping for groceries
Haste Ye Back	Come back soon
Braw	Excellent; pleasant



Eating & Drinking



Angles with Bagpipes - Traditional Scottish with a modern twist.

The Scottish Cafe & Restaurant - Traditional Scottish Breakfast and Lunch, Fish & Chips, afternoon tea, Vegetarian options, Gluten Free options.

Lucken Booths - Modern Scottish meals, Cullen Skink, Haggis.

Bread Meats Bread - Burgers, Vegan Options, Locally Sourced Ingredients, Gluten Free Options, 2022 Uber Eats Best Restaurant in Scotland

Southpour - Breakfast, Lunch and Dinner, Quick Service, Vegan Options, 10 Minute Walk from Conference Center

Memed BBQ Grill & Meze Bar - Lunch, Vegetarian Options, Kebabs, Falafels, Delivery Options, 12 Minute Walk from Conference Center



The Cellar Door - Local cuisine with Gluten and Dairy Free Options, a seasonal tasting menu and a 6-Course Tasting Menu of Scotland.



Kyloe - Edinburgh's Gourmet Steak Restaurant that servers locally sourced steak, Vegan options, The Kyloe Film Club, check for dates, this fun and immersive experiences combine movie magic with paired fine dining.

Cannonball Restaurant & Bar - Contemporary Scottish cuisine with a rotating seasonal menu to showcase the best of Edinburgh's local ingredients.





The Salisbury Arms - Just a 10 minute walk from the conference center, this pub offers a Scottish Country experience with courtyard seating. Stay for lunch or dinner to experience a modern twist on Scottish cuisine.

The Bow Bar - Tucked away in Old Town, this pub offers locally sourced beer, whiskey and is eager to showcase all that Scotland has to offer.

Cold Town House - Located in Old Town this pub has three floors and an iconic rooftop terrace to enjoy local beer, mocktails, gluten-free options, and vegan food options.



Bits Bake Shop - Pastries, Coffee

Central Cafe - Cafe, European, Vegetarian Friendly, Vegan Options, Gluten Free Options

Wellington Coffee - Coffee, Tea, Pastries

Shopping



New Town - Home to many local shops and restaurants, walk up and down the street to experience what Edinburgh has to offer.

Royal Mile - This historic street is paved with cobble streets that offer a mix of history and modern flare where you can walk to see Edinburgh's castle.

Multree Walk - Explore luxury shopping on the Multree Walk, you can shop and find local fine dining.



2024 Post Congress Tour

This year IVAS will be heading out of the city of Edinburgh to the Scottish Highlands, including the famous Loch Ness. You will need to book and pay for each tour yourself. These tours are open to the public, which means anyone can join. There is a maximum number for each tour, so sign up now, do not wait as once the tour is full, they will not take any more people. Both tours have some crossover, but each gives you time in specific areas in Scotland. There are opportunities to take short nature walks. It is recommended to bring suitable clothing, footwear, water, and snacks.

Each tour will start in Edinburgh and end in Edinburgh at the daily designated meeting place. Once you have booked your tour, please email dprevratil@ivas.org so that you can be placed on the list with your contact information so you can receive updates and reminders about the tours.

Day 1 - Sunday, September 15, 2024

Loch Ness, Scottish Highland, Glencoe & Pitlochry Tour – 12.5-hour trip

Cost US\$101.91

Cancellation is 24 hours advanced notice from the start time to receive a full refund.

To book your tour click on link: [Loch Ness, Glencoe and Ben Nevis from Edinburgh 2024 \(viator.com\)](https://www.viator.com/Loch-Ness-Glencoe-and-Ben-Nevis-from-Edinburgh-2024)

- **Enter the date September 15, 2024**
- **How many people**
- **Pay for your tickets and in the “Special Requirements Box” type in - With a group IVAS.**

What's included:

- All taxes, fees, and handling charges
- Experienced ‘Hairy Coo’ Driver-Guide providing live commentary, storytelling throughout including important history.
- Air-conditioned vehicle
- Regular Comfort Breaks

What's not included:

- Food and drinks
- Gratuities
- Optional Loch Ness cruise can be purchased on morning of tour - £16.50
- No Toilet/Restroom on board the bus
- No Wi-Fi on board the bus
- No children under the age of 7 allowed.
- Not wheelchair accessible

Information about this tour: (Taken directly from the Viator site)

Make your way to the central Edinburgh meeting point. Board your coach and settle in for the journey north. Make a brief stop in Callander before journeying into the Highlands through Loch Lomond and the Trossachs National Park. Your next stop is in haunting Glencoe, filled with dramatic scenery and history.

Your guide fills you in on Glencoe's stories before you continue north, passing Ben Nevis on the way. Stop next in Fort Augustus on the southern shores of Loch Ness. Take a cruise on the loch (additional cost) in search of the elusive monster or explore the village and wander along its canal. Make a stop at the Commando Memorial, which honors British war heroes and overlooks the Nevis range, before heading back south through Cairngorms National Park. There's time for a final stop in the charming village of Pitlochry before returning to Edinburgh where your tour ends. This tour is weather dependent.

Stop 1 - Callander – 30 minutes – Admission Ticket Free

After departing Edinburgh you'll head north through the central belt of the country. Your guide will entertain by laying the foundations of many a story about Scotland's past heroes like William Wallace and Robert the Bruce who made this area of Scotland their own. You will spot royal palaces, giant mythical Kelpies, and the ancient stronghold of Stirling Castle before we arrive at our first stop of the day in the town of Callander. Known as "The Gateway to the Highlands" Callander is situated on the boundary of Loch Lomond and Trossachs National Park, an area of outstanding natural beauty. Here you will be able to explore the town's abundance of authentic gift shops, delicatessens, and bakeries. An ideal place to stretch your legs and refresh before you rejoin the bus to enter the highlands properly.

Pass By – Loch Lomond and The Trossachs National Park (Pass by only)

As we enter 'Loch Lomond & Trossachs National Park' our bus weaves through hills, mountains, and Glens. These remote places were once inhabited by Highland Clans, not to mention Scotland's most famous outlaw, Rob Roy MacGregor, whom some consider The Scottish Robin Hood. Look out across the landscape and picture what it was like as you hear the remarkable bloodthirsty stories of betrayal and revenge as told by your guide. If we happen to spot some of our famous 'Hairy Highland Coos', we might stop for a selfie.

Stop 2 - Glencoe – 10 minutes – Admission Ticket Free

Glencoe was also the scene of one of Scotland's most shocking massacres. Stop at the Picturesque town of Callander "Gateway to the Highlands" and the Hairy Coos. As you gaze at the haunting hills, you notice the Glen is eerily silent. In the 17th century one of the worst acts of betrayal occurred here. Your guide will recount the details of this betrayal for you. You can almost feel the sorrow in the mountains of the 'weeping valley'. Above all though, Glencoe is one of Scotland's most beautiful landscapes. A highlight of any tour to the Scottish Highlands!

Pass By – Fort William (Pass By only)

The tour then takes you through Fort William and past the spectacular Ben Nevis, the tallest mountain in the British Isles. The Nevis Range towers over the winding road as you continue your journey to Loch Ness.

Stop 3 – Fort Augustus Abby – 2 hours

Desperate for a glimpse of ‘Nessie’? Fort Augustus, a charming, postcard-perfect, Highland village on the Southern shores of the Loch. From here you will have the opportunity to take a fantastic 1-hour cruise on the loch with our friends at Cruise Loch Ness. The local crew on board share their experiences of Nessie, as you search for yourself. All with the aid of state-of-the-art Sonar equipment helping you scan the near 900-foot depths of the loch below. Tickets are Adults £16.50, Children £10.00 and are purchasable on the day with cash. For those who do not wish to take the optional boat cruise, you will have time to explore the village and its beautiful Caledonian Canal lock system, built by the famous engineer Thomas Telford in the 19th century, that descends through the heart of the village into Loch Ness. Walk further along the canal and into the surrounding countryside to enjoy mountainous views and sights of farm animals and possibly red deer.

Stop 4 – Commando Monument – 10 minutes – Admission Ticket Free

Along the route, we’ll stop at the Commando Memorial. In 1942, this setting became the training ground for Britain’s Special Forces. Harsh, unforgiving, and breathtakingly beautiful. A statue of our heroes overlooks the Nevis range. Bring a camera – this is undoubtedly one of our favorite photo-stops in all of Scotland. Here, weather permitting, you could also spot Ben Nevis. The tallest mountain in The United Kingdom.

Pass By – Cairngorms National Park (pass by only)

Heading south we travel through the Cairngorm National Park where red squirrels, roe deer, red deer, soaring buzzards, pine martens, golden eagles and osprey can be found. Our final stop of the day is Pitlochry

Stop 5 – Pitlochry – 30 Minutes – Admission Ticket Free

Pitlochry is situated in the heart of the stunning scenery of Highland Perthshire. The town sits below Beinn Bhraicàigh (Ben Vrackie), the speckled mountain and beside the river Tummel, in some of the most magnificent scenery in Scotland. With a backdrop of surrounding hills and beautiful woodlands, it is wonderful walking country.

Pass By – Forth Bridge (Pass by only)

As we re-enter Edinburgh from the North, you will be met with views of Scotland’s greatest piece of engineering, and a UNESCO World Heritage Site, the Forth Bridge. This 19th century engineering marvel was at one point the World’s longest cantilever bridge. Today it neighbors the 20th century Forth Road Bridge and the 21st century Queensferry Crossing which opened in 2017. Three spectacular bridges, from three different centuries, span the Firth of Forth connecting our Capital city and the Kingdom of Fife.

Return back to the morning meeting spot.

2024 IVAS 50th Annual Congress

Day 2 - Monday, September 16, 2024

Loch Lomond, Stirling Castle, and the Kelpies Tour – 9.5-hour trip

Cost US\$80.07

Cancellation is 24 hours advanced notice from the start time to receive a full refund.

To book your tour click on link: [Loch Lomond, Stirling Castle and the Kelpies from Edinburgh 2024 \(viator.com\)](https://www.viator.com/Loch-Lomond-Stirling-Castle-and-the-Kelpies-from-Edinburgh-2024)

- **Enter the date September 16, 2024**
- **How many people**
- **Pay for your tickets and in the “Special Requirements Box” type in - With a group IVAS.**

What’s Included:

- Driver/guide from Timberbush tours
- Air-conditioned vehicle
- Regular Comfort breaks

What’s not included:

- Food and drinks, unless specified.
- Gratuities
- Attraction Tickets to Stirling Castle can be purchased.
- Optional Loch Lomond cruise can be purchased on morning of tour.
- No Toilet/Restroom on board the bus
- No Wi-Fi on board the bus
- No children under the age of 4 allowed.
- Not wheelchair accessible

Information about this tour: (Taken directly from the Viator site)

Explore Loch Lomond and Stirling Castle, and delve into the world of William Wallace, Robert the Bruce, and Rob Roy on this tour from Edinburgh. Visit Stirling Castle, widely considered among Scotland’s most impressive fortresses with a guide. Head through the Trossachs National Park to the Highland village of Balloch, nestled by the banks of magical Loch Lomond. Perhaps take a lake cruise or enjoy capturing the pretty town of Luss on camera before the journey back to Edinburgh. Explore the Scottish Highlands, Loch Lomond, and Stirling Castle in just one day. Visit picturesque Highland towns and villages including Balloch. Learn the roles William Wallace, Robert the Bruce, and Rob Roy played in Scottish history and folklore. Operates in all weather conditions, please dress appropriately.

Stop 1 - The Kelpies & The Helix – 15 minutes – Admission tickets free

This tour will include a photo stop at the Kelpies.

Stop 2 – Balloch – 1 hour – Admission Tickets Free

We stop at Balloch at Loch Lomond to give our customers the option of taking a cruise across Loch Lomond. Admission for the cruise is not included, cost is £15.00.

Stop 3 - Loch Lomond Shores – 1 hour – Admission Tickets Free

For those who are not interested in taking the cruise, we stop at Loch Lomond Shores, for customers to take a leisurely walk.

Stop 4 - Aberfoyle – 1 hour – Admission Tickets Free

We stop at the village of Aberfoyle for lunch.

Stop 5 - Stirling Castle – 1.5 hours

We stop to spend time at Stirling Castle. Admission to the castle is not included. The cost to purchase tickets in advance online is £17.50 cost to purchase on the day £19.50.

Stop 6 - South Queensferry – 10 minutes – Admission Ticket Free

We stop at South Queensferry for views of the Forth Bridges.

Return back to the morning meeting spot.



Stirling Castle located in Stirling Scotland.



Experience Edinburgh



WHISKEY EXPERIENCE

Learn the rich history of Scottish Whiskey, take a tour of how whiskey is made. Taste the Amber Restaurant pair with Scotch whiskies.



Photo by [Jacek Dylag](#) on [Unsplash](#)

NATIONAL MUSEUM OF SCOTLAND

Explore the wonders of Scottish history and more at the National Museum of Scotland. Admission is Free to the public.



THE POTTER TRAIL

Experience the world of Harry Potter with The Potter Trail. You will see where JK Rowling wrote her books, see Diagon Alley and learning more about Edinburgh's magical locations. They offer FREE public tours, reserve your spot online to secure a spot.



Photo by [Jim Divine](#) on [Unsplash](#)

UNDERGROUND VAULTS

Visit Edinburgh's hidden secrets in dark passage ways. Tour guides offer ghost tours and more to experience the hardship of 18th century Scotland.



CAMERA OBSCURA & WORLD OF ILLUSIONS

Located on the Royal Mile, experience five floors of over 100 interactive exhibits. Get a 360^o degree view of Edinburgh from their Rooftop Terrace.

NATIONAL GALLERIES OF SCOTLAND

Immerse yourself in the 4 Galleries of Scotland; National, Modern One, Modern Two, Portrait. Each of these galleries are FREE to the public, you can see Scottish artists and historic paintings in each of the 4 galleries.





THE CHOCOLATARIUM

Taste the local chocolate that Scotland has to offer. The Chocolatarium has tour where you can create your own chocolate bar and learn the reach history of how chocolate is made. You can purchase tickets online and check out more tours available.



DYNAMIC EARTH

Visit Edinburgh's science center and planetarium where you can immers yourself into stunning views from the planetarium. Have hands on experiences, and learning more about Earth.



THE WATER OF LEITH WALKWAY

Explore the beauty of Edinburgh's natural trail and see native flora on this 13 mile path way. You can listen to audio descriptions on their website for each of the paths.



EDINBURGH CASTLE

You can take self guided tours of the beautiful Edinburgh Castle, climb Castle Hill. Experience the wonder of Scotland's history. Book tickets in advance and take advantage of the Flexi Tickets which allow you to buy your ticket and visit the castle within one week of ticket purchase.



PALACE OF HOLYROODHOUSE

Explore the Palace's that hosted many historic figures such as Mary Queen of Scots. See the royal Throne Room and the Palace Gardens.



THE ROYAL BOTANIC GARDEN EDINBURGH

Marvel at the beautiul gardens that feature plants from all over the world. Including native plants to Scotland, over 70 acres to explore. The gardens are open daily and are FREE admistion to all.



More to See and Do

Want to experience more of Scotland on your own, here are some great website resources.

Private small group tours

- [Roaming Scotland](#) - They have some very nice off the beaten path tours of various lengths to choose from.
- [Scotland Tours](#) - Award-winning Small Group Tours
- [Visit Scotland](#) - They have a great deal of very helpful information on this site.





International Veterinary Acupuncture Society (IVAS) 50th Annual Congress

September 11-14, 2024 (Wednesday-Saturday)

John McIntyre Conference Centre, Pollock Halls

18 Holyrood Park Road, Edinburgh, Scotland UK

- Full Congress Registrations include one (1) Welcome Reception and one (1) Gala Dinner Ticket.
- One and Two Day Registrations will **NOT** include a Gala Dinner Ticket – this may be purchased separately.
- One and Two Day Registrations includes the Wednesday evening Welcome Reception.
- This Congress is open only to licensed veterinarians and veterinary students – all others must have special permission of the IVAS Executive Committee to register. Non-members of IVAS must send a copy of their veterinary license or renewal and veterinary students must submit proof of enrollment in a veterinary program with this registration.

Registrant Name and Degree(s): _____

Preferred Name for Badge (i.e. Pat for Patricia): _____

Preferred Mailing Address: _____

City: _____ State/Province: _____ Postal Code: _____

Country: _____ Email: _____

Phone: _____ Today's Date: _____

☉ IVAS Current Members	All Amounts are US Dollars
• Full Congress Registration:	
Early Registration (Must be received in IVAS Office prior to July 12, 2024)	625.00 _____
Registration received in IVAS Office between July 12 to August 12, 2024.....	750.00 _____
One Day Registration Select Day <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday	350.00 _____
Two Day Registration Select Days <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday	550.00 _____
☉ Non-Members of IVAS (must submit license with this registration)	
• Full Congress Registration:	
Early Registration (Must be received in IVAS Office prior to July 12, 2024)	750.00 _____
Registration received in IVAS Office between July 12 to August 12, 2024.....	900.00 _____
One Day Registration Select Day <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday	460.00 _____
Two Day Registration Select Days <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday	660.00 _____
☉ Veterinary Students Full Congress (must submit proof of enrollment)	350.00 _____
☉ Accompanying Members Guest/Veterinary Technician/Support Staff - Full Congress Registration	625.00 _____
☉ ADDITIONAL Wednesday Night Welcome Reception Ticket(s)*# of tickets _____ X 60.00 _____	
*ADDITIONAL Welcome Reception Tickets are for Guests of Registrants	
☉ ADDITIONAL Friday Night Gala Banquet Ticket(s)**# of tickets _____ X 125.00 _____	
**ADDITIONAL Banquet Tickets are for guests of registrants and One- or Two-Day Registrations	
☉ Congress Proceedings are Available Online Only – for a USB Drive with Proceedings Loaded	20.00 _____
Subtotal	_____

**ALL REGISTRATIONS AFTER AUGUST 12th WILL BE PROCESSED ONSITE WITH AN
ADDITIONAL US\$150.00 COST INCREASE**

Name of Guest(s) for additional Welcome Reception and/or Gala Dinner Ticket _____

Name of Accompanying Member's Guest/Veterinary Technician/Support Staff _____

International Veterinary Acupuncture Society (IVAS)

Please provide your veterinary license number, State/Country for RACE: _____

WET LABS (Saturday, September 14, 2024) - Choose only one from each time slot at US\$150.00 each:

No Animals 9:00 to 11:00 am

Equine 9:00 to 11:00 am

Wet Lab Presented by Dr. Constance DiNatale

Wet Lab Presented by Dr. Martina Neidhart (equine)

Wet Lab Presented by Dr. Michelle Schraeder

Wet Lab Presented by Dr. Richard Schafer (equine)

Total Wet Lab Fees US\$ _____

Total Congress Fees US\$ _____

This year's IVAS Gala Dinner will be held at the world-famous Balmoral Hotel Edinburgh. Please check if you will or will NOT be attending on Friday evening. Dinner will be a sit down 3 course meal including an appetizer, main course, and dessert. **Please choose from the following meal selection:**

I will be attending I will NOT be attending Scottish Chicken Main Dish All Vegan Meal

If purchasing a guest Gala Dinner ticket, please select a meal selection Scottish Chicken Main Dish All Vegan Meal

I have the following dietary restrictions: _____
IVAS always attempts to provide food items with all dietary restrictions in mind; however, this may not always be possible. If you have severe dietary restrictions, please consider being responsible for your own food and drink.

Cancellation and Refund Policy: Cancellation prior to June 30, 2024, will incur a US\$250.00 administrative charge. Cancellation between June 30 and July 31, 2024, will incur an administrative charge of 50% of total Congress fees paid. **NO refunds after July 31, 2024.**

Mail, Fax or Email This Complete Registration Form with Payment to:

IVAS • PO Box 1283 • Portland, TX 78374 USA

Fax: +1-970-266-0777 • Email: accounting@ivas.org

Phone: +1-970-266-0666 • Website: www.ivas.org

I, _____, authorize the International Veterinary Acupuncture Society (IVAS) to

charge US\$ _____ to the following credit card for my 2024 Congress Registration:

AMERICAN EXPRESS

MASTERCARD

VISA

DISCOVER

Name as it Appears on Credit Card: _____

Credit Card Number: _____

Expiration Date: _____ Security Code: _____ Billing Postal Code or Country: _____

Signature: _____

All checks must be drawn on a US Bank in US Dollars Check # _____ Amount of Check US\$ _____

Registration is also available online at: <https://www.ivas.org/2024-congress-online-registration/>

Important Note: By registering for the 2024 IVAS Congress you understand and agree that your name and contact information will be made available to attending Exhibitors/Sponsors by IVAS.

CELEBRATING



50 YEARS

1974-2024

